

# Recreational Soccer Inter-League Laws of the Game

## General Rules:

1. **Field Rule – No Dogs Allowed**
2. All games must start on time. If the referee is late, with the mutual consent of both coaches, a coach or parent will be selected to referee.
3. At the player's own risk, newly pierced stud type earrings may be worn only if covered by a band-aid. No other jewelry will be permitted.
4. Uniform shirts are to be tucked in prior to the start of the game as part of the referee uniform check. Shirts that become un-tucked through the course of the game shall not be penalized.
5. Slide tackling shall not be permitted at any age level.
6. Parents and spectators will assemble on the opposite side of the field from the Coach and players.
7. Coaches must stay on the sidelines within the coach's area. The coach's area shall be defined as the strip of turf outside the sideline within 15 yards of the midline. Traveling up and down the field will not be permitted.
8. Parents, and spectators shall not be permitted to assemble behind the goal.

## U6

**Field Size:** 75' x 125' Ball #3

**Player # per Side:** 4 vs. 4

**Referee:** Coaches shall serve as referee for the game, each referee shall referee for one half of the overall game time. Both coaches are permitted on the field for the entire duration of the game.

**Duration:** 2 x 12 minutes periods with 5 minutes break at half.

**Ball Start:** The ball shall be started with a kick-off at the beginning of each half. Each team will alternate kick-off at the beginning of each half starting with the team that wins the toss prior to the start of the game.

**Substitutions:** Unlimited substitutions at 6 minute intervals. Substitutions shall occur prior to throw-ins, goal kicks, corner kicks, after a goal or at the half. Substitutions shall be permitted to replace an injured player.

**Fouls:** any foul committed by the defensive team in their penalty area shall result in an indirect kick taken from the edge of the penalty box nearest the point where the infraction occurred.

Opponents must be at least 6 yards from the ball when any free kick is taken. All kicks shall be indirect. Goal kicks are to be taken from the edge of the penalty box.

**Off sides:** none

**Penalty kicks:** none

**Goalies:** none

**Throw-in Fouls:** Referee explains the nature of the infraction and allows a redo.

## U8

Rev 3/17/10

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**Field Size:** 75' x 125' Ball #4

**Player # per Side:** 5 vs. 5

**Referee:** Coaches shall serve as referee for the game, each referee shall referee for one half of the overall game time. Both coaches are permitted on the field for the entire duration of the game.

**Duration:** 4 x 12 minutes quarters with 2 minutes break at quarter and 3 minutes break at half.

**Ball Start:** The ball shall be started with a kick-off at the beginning of each quarter. Each team will alternate kick-off at the beginning of each quarter starting with the team that wins the toss prior to the start of the game.

**Substitutions:** Unlimited substitutions at 6 minute intervals. Substitutions shall occur prior to throw-ins, goal kicks, corner kicks, after a goal or at the half. Substitutions shall be permitted to replace an injured player.

**Fouls:** any foul committed by the defensive team in their penalty area shall result in an indirect kick taken from the edge of the penalty box nearest the point where the infraction occurred.

Opponents must be at least 6 yards from the ball when any free kick is taken. All kicks shall be indirect. Goal kicks are to be taken from the edge of the penalty box.

**Off sides:** none

**Penalty kicks:** none

**Goalies:** Yes

**Throw-in Fouls:** Referee explains the nature of the infraction and allows a redo for the entire duration of the game. If the infraction is repeated after the redo, the ball shall change possession.

**Back Passes to the Goalie:** Permitted

## U10

**Field Size:** 120' x 180' Ball #4

**Player # per Side:** 7 vs. 7

**Duration:** 4 x 12 minutes quarters with 2 minutes break at quarter and 3 minutes break at half.

**Ball Start:** The ball shall be started with a kick-off at the beginning of each quarter. Each team will alternate kick-off at the beginning of each quarter starting with the team that wins the toss prior to the start of the game.

**Substitutions:** Unlimited substitutions at 6 minute intervals. Substitutions shall occur prior to throw-ins, goal kicks, corner kicks, after a goal or at the half. Substitutions shall be permitted to replace an injured player. Substitutions must occur at mid-field upon approval of the referee.

**Fouls:** any foul committed by the defensive team in their penalty area shall result in an indirect kick taken from the edge of the penalty box nearest the point where the infraction occurred.

Opponents must be at least 6 yards from the ball when any free kick is taken. All kicks shall be indirect. Goal kicks are to be taken from the edge of the penalty box.

**Off sides:** Enforced

**Penalty kicks:** none

**Goalies:** Yes

**Throw-in Fouls:** Referee explains the nature of the infraction and allows a redo for the entire duration of the game. If the infraction is repeated after the redo, the ball shall change possession.

**Back Passes To the Goalie:** Permitted

# Recreational Soccer Inter-League Laws of the Game

## U12

**Field Size:** (8v8) 150' x 240' Ball #4

**Player # per Side:** 8 vs. 8

**Duration:** 2 x 25 minutes periods with 1 minute water break in the middle of each period and 5 minutes break at half.

**Ball Start:** The ball shall be started with a throw-in where the ball goes out of bounds or with a kick-off if a goal occurred prior to the break.

**Substitutions:** Unlimited substitutions. Substitutions shall occur prior any goal kick, after any goal or at the half or break, and on your OWN throw-in. Substitutions shall be permitted to replace an injured player. Substitutions must occur at mid-field upon approval of the referee.

**Fouls:** FIFA rules apply. Direct or indirect kicks depending upon foul.

**Off sides:** enforced.

**Goal kicks:** taken from edge of the goal area.

**Penalty kicks:** Any foul committed by the defensive team in the goal box will result in a direct kick.

**Back Passes To the Goalie:** Rule enforced, results in in-direct kick.

## U14 /U15+

**Field Size:** Regulation Ball #5 Players: 11\*

**Duration:** U14 - 2 x 30 minute periods with 5 minutes break at half. U15+ - 2 x 35 minute periods with 5 minutes break at the half. In both cases 1 minute water break in the middle of each period

**Ball Start:** The ball shall be started with a throw-in where the ball goes out of bounds or with a kick-off if a goal occurred prior to the break.

**Substitutions:** Unlimited substitutions. Substitutions shall occur prior any goal kick, after any goal or at the half or break, and on your OWN throw-in. Substitutions shall be permitted to replace an injured player. Substitutions must occur at mid-field upon approval of the referee.

**Fouls:** FIFA rules apply. Direct or indirect kicks depending upon foul.

**Goal kicks:** taken from edge of the goal area.

**Off sides:** enforced.

**Back pass:** to goalie: rule enforced.

**\*NOTE:** If there are insufficient players for a full field game, the game shall be played on a (8v8) field 150'x240' with 8 players aside. All other rules apply.

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## U15+

Depending upon the number of players and field availability, the games played may vary from SUPER SIX SOCCER (60x40 field), which is scheduled format to 11 aside (full field).

Modified rules for Super Six play:

- 60x40 yard field
- Continuous play with substitution "on the fly"
- No offsides
- No punting by goalie
- Goal kicks taken from spot 2 yards in front of the goal
- Length of game set by coach/referee agreement
- Playback to goalie allowed